

Pregnancy, preparation for childbirth, postpartum care

Maternal and fetal nutrition

Retention of the fetus in the uterus

Prevention and treatment of acute infectious diseases

Treatment of pregnancy nausea, vomiting

Psychoemotional harmonization – Bach essences

Homeopathic preparation for childbirth

Rotation of the fetus in the uterus in the breech position (34th-36th week)

Induction of labor (1st day after due date)

Stimulation of breastfeeding

Treatment of postpartum injuries

Treatment of mastitis, lactation psychosis

Care of a newborn baby (infections, colic, eczema, vaccinations...)

Herbs

056 Tai Yuan Jin Wan

191 Nu Ke Ba Zhen Wan

T58 Planting Seeds

T59 Precious Sea

Ginger candies, weak ginger or mint tea for nausea

Medicinal fungi:

Reishi – support

Coriolus - preparation

Hericium – nausea, insomnia

Linseed oil or Nobilis Tilia Strengthening blend of organic vegetable oils - *source*

omega-3 fatty acids - essential for fetal brain development, immunity, healthy intestinal microflora

Homeopathics:

Arnica montana 9CH

Actaea racemosa 9CH

Caulophyllum 5CH

Herbal tea during pregnancy, before childbirth, to support breastfeeding Nobilis Tilia

Natural cosmetic care and aromatherapy Nobilis Tilia